## Vegan Date & Oat Truffles

Total Time: 15 minutes

Cook Time: -Serves: 16

## **Ingredients:**

- 1 cup oats
- 1/2 cup almonds
- 3/4 tsp cinnamon
- 1/4 tsp salt
- 10 dates (soaked in hot water for 10 minutes for easier processing)
- 1/4 cup water

## Method:

- Process the oats, almonds, cinnamon and salt until the oats and almonds are ground to the consistency you want. Set aside.
- Process the dates into a smooth paste.
- Add the dates into the oatmeal mix and process until well combined. Add water if the mixture seems too dry.
- Roll into balls and eat right away or refrigerate in an airtight container.