

Avoberry mint smoothie

Ingredients:

- 1 cup fresh blueberries
- ½ cup strawberries
- ½ ripe avocado
- ½ cup almond milk
- ½ cup fresh mint leaves
- ½ tbsp agave syrup
- 5-6 cubes of ice

Method:

Throw all the above ingredients into a blender, blend and enjoy!